

### DURATION, DAY, DATE AND TIME OF THE COURSE:

34 weeks starting on Friday 13 September 2024 (TBC), 09:15-16:15. Learning will be supported with additional workshops, dates of which will be advised at induction. This may include Saturday sessions.

### VENUE:

East Surrey College, Gatton Point, London Road, Redhill, Surrey, RH1 2JX

### ENTRY REQUIREMENTS:

- As a prerequisite for admission to the Diploma course students must possess the SEG Awards ABC Level 3 Certificate in Counselling Skills or an equivalent qualification. Evidence of which must be provided. References will be required.
- Evidence of academic writing ability at a suitable level e.g. other level 3 or A level qualifications and English language at the equivalent of minimum GCSE grade 4 or C.
- An interview will be conducted to ensure the suitability of all applicants to undertake this Level 4 qualification.

### WHAT QUALIFICATIONS WILL I GET?

Level 4 Diploma in Therapeutic Counselling

### COURSE DESCRIPTION:

The Level 4 Diploma in Therapeutic Counselling supports the development and demonstration of skills, knowledge and understanding of Counselling, towards achieving professional status as a counselling practitioner. It is also suitable for work roles where counselling skills are needed for example: nursing, teaching, social work, voluntary sector, the police and armed forces.

The purpose of this qualification is to provide an opportunity to develop work-based skills within an ethical framework and develop an understanding of the impact of a diverse society on clients, counselling therapeutic theories, self-awareness and research methodologies, all of which will be demonstrated through a 100-hour supervised placement which is a key component of this qualification. You will develop a deep understanding of one therapeutic theory with knowledge of two others.

The course involves a high degree of experiential learning and self-awareness exercises, which will be demanding of the self in interacting with others. All students are required to contribute to and successfully complete all requirements for all unit/s or the full qualification. Overall attendance is 90% pass rate. All assignments must achieve a pass in order to gain a Level 4 Diploma in Therapeutic Counselling (referred assignments can only be resubmitted once).

There is a strong focus and emphasis on experiential learning developed through skills practice to include professional discussions, workshops, process groups and group training supervision. The course seeks to recreate real-world scenarios to allow you to develop your skills. You will be required to allow additional study time in addition to the guided learning of 310 hours (GLH) outlined below. GLH is part of the total qualification time of 610 hours (TQT). TQT includes all other time taken in preparation, study or any other form of participation in education or training but not under the direct supervision of a lecturer, supervisor or tutor (regarded as independent study). A strong disciplined approach and commitment to study is required at this level to include reading research articles and journals whilst presenting an academic standard of all work.



You will complete seven mandatory units.

#### UNITS/TOPICS COVERED:

- Unit 1 - Professional Organisational Issues in Counselling (Written Assignment) – 75 GLH
- Unit 2 - Counselling in a Diverse Society (Written Assignment) – 30 GLH
- Unit 3 - Counselling Theory (Recording and Written Assignment) – 50 GLH
- Unit 4 - Advanced Counselling Skills (Written Assignment) – 50 GLH
- Unit 5 - Self-Awareness for Counsellors (Written Assignment) – 45 GLH
- Unit 6 - Research Methodologies in Counselling (Research Project) – 40 GLH
- Unit 7 - Counselling Placement (Externally Marked) – 20 GLH

#### TYPE OF ASSESSMENT:

Internal and external assessment, internal and external moderation. Specific requirements and restrictions may apply to individual units within the qualification. All assessed grades are not final and will be subject to both internal and external moderation.

#### EQUIPMENT NEEDED:

- Learners on this qualification should have access to adequate IT facilities
- Pens, highlighters and a notepad
- Red Folder with 10-part dividers

#### WHERE CAN IT LEAD?

Successful completion of this course leads to a professional level of competency as a qualified professional counsellor. Learners can progress towards national accreditation status with professional lead bodies upon meeting the requirements of the course. There is potential for this qualification to help in search for employment in a particular variety of settings e.g. GP practices and voluntary and statutory organisations. Additionally, learners may progress onto a Postgraduate and Post Qualifying course in counselling studies that are designed to enhance the practice, skills and knowledge of a practising counsellor. This provides academic progression alongside a recognised career pathway. It combines the professional aspects e.g. theoretical knowledge, counselling skills development, self-appraisal and commitment to provision of an ethical quality service and professional development element, which is necessary to ensure that the counsellor is fit to practice.

#### COURSE FEE:

£3,170 Standard Fee / £3,551 Full Fee (TBC)

If you are 19+ on 31 August 2023 and studying a Level 3, 4, 5 or 6 qualifications, an Advanced Learner Loan may be available for this course. Please call Client Services on 01737 788444 for details or visit [www.gov.uk/advanced-learner-loan](http://www.gov.uk/advanced-learner-loan) for more information on how to apply.

If you are 19+ on 31 August 2023 and meet the ESFA (Education & Skills Funding Agency) residency criteria, the standard fee will apply unless you qualify for free tuition.

The full fee will apply if you are aged 19+ on 31 August 2023 and you do not meet the ESFA residency criteria or if there is no Government funding for this qualification.

Contact Client Services for advice and guidance on funding and eligibility. Please be aware that there may be additional costs for materials.

#### WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at [clientservices@esc.ac.uk](mailto:clientservices@esc.ac.uk). To apply online for this course please visit [www.esc.ac.uk](http://www.esc.ac.uk).

#### Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate. Should you require this leaflet in a different format please contact Client Services on 01737 788444.

